



# MONTHLY NEWSLETTER

**APRIL 2023** 



"Transforming Lives of Communities through Education, Environment and Empowerment Initiatives."

www.cosmofoundation.in



## **Overview**



Cosmo Foundation made significant impact toward achieving its tri-fold objectives viz. Education, Environment, and Empowerment. Furthermore, we organized various events to raise awareness about environmental conservation and empowerment issues by developing creative ways to educate children.

We partnered with the Indian Army to plant trees in New Delhi as part of our 'Invest in Our Planet' campaign on World Earth Day. In Karjan, a book fair was organized for rural students on World Book Day, At Aurangabad, the computer lab was set up in Kagzipura village government school for children and young adults. On the eve of World Heritage Day, we organized a visit for youth and students of Kagzipura village and informed them about handmade paper history of this village heritage and its significance.

English Language Day, World Health Day, and Panchayat Raj Day were also celebrated. Annual assessments were undertaken followed by results evaluation. Summer vacations batches were organized for all our educational programs.











## Model Heritage Village - Kagazipura Initiative

INTACH and the Cosmo Foundation celebrated World Heritage Day. On this day, a special tour was arranged to visit heritage handmade paper mill at village Kagzipura. Local village youth learned about old age history about handmade paper, they infused with pride about this old age paper mill in their village. Cosmo Foundation launched and set up Computer Laboratory under its flagship CLP program in the Zila Parishad school. It was inaugurated by Shri. K.M.M. Prasanna. It's a significant step towards setting up technological education for the local community.









#### **Employee Speaks!**



"The facility of Computer Lab for school children of Kagzipura will not only bring more children to school regularly but will also pave way for a more enlightened and employable generation. It is exciting to notice that the equipment is modern, and the trainers are well qualified. This will ensure empowerment through education"

Mr. Jay Walecha Head HR - Film Business

## 

## **EDUCATION**

#### **Excelling the Skill of English Fluency**

Summer is a great time to polish learning abilities. Cosmo Foundation has organized a summer vacation **English Fluency Development Course** on digital platforms for high school students of Karjan. The course contents are designed to make learning an enjoyable experience with spoken English fluency skill. Large number of students across the villages of Karjan have joined. With an intensive motivation, the batch began with icebreaking sessions, importance & methods of learning English, storytelling sessions, basic English grammar followed by activities on English Conversation Practice. Students have geared up with enthusiasms and full-fledged online classes are being run under full steam.





Sharing knowledge an act of empowerment - Nehal Beldar and Drishti Parmar from Choranda and Khandha village of Karjan are former students of Cosmo Foundation and actively participated in English and Computer Literacy classes. Thy have recently appeared for their 10th and 12th board examination. With an aim to adopt new learning and brush up their existing knowledge they are enrolled in online English learning classes. Alongside, being peer educator, they are teaching English to their young students of their village. It is a proud moment for CF to see them taking such initiative and volunteer online and offline classes of primary school students in their respective villages.

#### Book Fair and Read a Book Campaign

On the eve of **World Book Day**, CF brings book lovers of all ages on one platform. CF organized a Book Fair in Koliyad village of Karjan Taluka, where a wide collection of **550** Subjects resource materials, workbooks, motivational, novels, and storybooks were displayed. A large number visited the book fair. A book campaign on – **"My Book of the Month"** was launched to inspire, educate and inculcate reading habits among community members.







### **EDUCATION**

In Aurangabad, students were informed about the crucial role of books in their future career growth. A book reading session was conducted, where students read storybooks and developed an interest in reading. The event also featured a book exhibition and a loud reading session.

Overall, it was a heartening effort to instill the value and love for reading among the community.



#### **Community Engagement**

On the eve of Jawahar Navodaya Day, CF organized a special session with children who have enrolled in the coaching classes of the Jawahar Navodaya entrance test and their parents were also called. The meeting was graced by **Mr. Shaswata Khamari, HR Manager** of Cosmo First Limited, Karjan and passed **student of Navoday.** 

He shared his entire journey of being a Navodayan, how a student can be groomed holistically, how to face the competitive world, importance of goal setting, managing daily routine with discipline and quoted inspiring stories. **150 + parents and children** participated from several villages of Karjan.



We are pleased to share that, Out of 94 students, 73 students have appeared for the Navodaya exam under the close guidance of Cosmo teachers.

## **♦**

## **EDUCATION**

#### **English Language Day**





To enhance the skill of beautiful handwriting in English, CF organized Handwriting and Story Reading Competition for primary school students of Karjan Taluka. More than 100 students participated in this competition. They showcased their keen interest and displayed creative talents in this competition.

Students also participated in story telling session which they shared from the Panchtantra. Prizes and appreciation letter with certificates will be honoured to the best performer students.

"In Aurangabad, we marked the occasion at **10 schools** with various activities like storytelling, handwriting, poem recitation, word ladder games, and a video screening on the **biography of William Shakespeare**. Our team created a video with students and Cosmo teachers to showcase the **importance of English Language Day.**"

WATCH VIDEO







#### Upgradation of Computer Labs In Aurangabad

Cosmo Foundation upgraded 80 new computers in 10 government schools in different villages around the cluster of Gangapur block. 4500 students will benefit. CF refurbished 41 old computers, updated software with Windows 11. School Management Committees highly appreciated CF for setting up computer lab with new computers.







## **ENVIRONMENT**



Invest in Our Planet – A voice to enlighten the responsibility towards the most sustainable, prosperous and equitable future.

#### Ø Plantation at New Delhi

On the eve of **World Earth Day**, Cosmo Foundation in collaboration with the **Indian Army** initiated a **Mass Tree Plantation Drive** at the "Aahwan" Centre, Delhi Cantonment Area.

Ms. Yamini Jaipuria, Managing Trustee, Cosmo Foundation and Ms. Archana Pande, President of - Army Wives Welfare Association (AWWA) led this initiative.





#### Ø Wall painting on "SAVE THE EARTH"

On the eve of Earth Day, Cosmo Foundation organized a wall painting activity under National Highway Bridge. Rural students and employees of Cosmo First Limited participated in this event. Different catchy slogans with underline meaning on environment was written and painted around the pillars of the bridge where CF has been maintaining garden. Passers by were deeply touched seeing the wall painting exercise.







## **EMPOWERMENT**

## Cosmo Udayan Shalini Fellowship & Mentorship Program

The Cosmo Foundation, in collaboration with USF, offers scholarships for higher education to female students every year. Recently, we interviewed these students and Mr. Ashutosh Katkar, an Executive at Cosmo First Ltd, participated in the process and helped shortlisting candidates for further consideration.



## "T Co (s er or

#### **Employee Speaks!**

"This is a fantastic opportunity to serve society. Working with Cosmo provides several opportunities to contribute to the community through various projects. Mentoring five girls (Shalinis) with educational workshops, tree plantation, and engaging activities was enjoyable. After spending quality time on various projects, I feel relaxed and energized. As we immerse ourselves in the service of others, we discover new meanings of in our lives and happiness. The Cosmo Foundation works tirelessly for the welfare of society, without expecting anything in return. Frankly speaking, "Not Everyone Can Do That."

- Mr.Ashutosh KatkarExecutive - Quality | MR



## **Art Of Living Workshop for Shalinis**

On April 28th, 2023, the Cosmo Foundation Mentors and USF team organized an **Art of Living Workshop** for Shalinis. The workshop conducted the sessions on "Medha Yoga" covering Pranayam, Meditation, Sudarshan Kriya, and Games. This workshop benefited the participants to maintain good health and mental peace. The trainers guided the Shalinis on techniques to **increase mental concentration**, **helps preventing tension**, **frustration and negative emotions**, and **develop self-esteem**, **which will improve the well-being and health of the Shalinis**.

UDAJAN | SHALINI





## **EVENTS**

#### **Health For All!**

## Celebrating 75 years of WHO on World Health Day

#### **Oral Hygiene Awareness and Dental Check-ups**

Three camps on health check-up were organized in three different schools around the cluster of Karjan block. Where more than 2400 rural students and 600 community members got examined their oral hygiene and physical health. The camp was conducted by KM Shah Dental College, Vadodara.



#### **Visit to Primary Health Center (PHC)**



Balmitras arranged an exposure visit for for primary school students at village-based Primary Health Center (PHC). Students were given information on – medicine and treatment given for common illnesses, immunization programs, information on Ayushman Bharat and also on the biomedical waste system.

#### **Health Awareness Camp**

Health Awareness Camp was organized in the primary school of Khandha under the aegis of the Ayurvedic Department under the Ministry of Ayush. The program focused on – common illnesses during summers with preventive measures, simple yoga and nutritious tips for wellness.



#### **Medical Check-up Drive**



A general Health, Eye & Gynae checkup Drive was organized with the support of Gram panchayat, Medicover Hospital and ASG EYE Hospital at Asegaon village, Gangapur Block, Aurangabad. A checkup of 110 + students, teachers, and community members were carried out and some of them were referred for cataract eye surgery. Awareness session on the importance of eyecare, eyes exercise, eye washing, proper food intake, physical exercises, etc. were taken by the experts.



#### PANCHAYAT RAJ DAY CELEBRATION

National Panchayati Raj Day is celebrated on 22nd April to commemorate the ideals of democracy and decentralization of power. As part of the theme "Sustainable Panchayat: Building Healthy, Water-Sufficient, Clean & Green Villages", rural students from Cosmo Gyan Vihar Kendra visited their local Gram Panchayat office in Karjan and Aurangabad.

During the visit, students were enlightened on the roles of the panchayat in the village, the sarpanch and village leaders, managing village profiles, sustainable development, and documentation. Sarpanch addressed their queries with illustrations, and the students actively participated in the learning process. Cosmo's efforts in raising awareness and empowering rural students were appreciated.



## **CF In NEWS!**





#### **Watch TV News**

WATCH VIDEO

#### **।** सकाळ

## कागझीपुरा येथे जागतिक वारसा दिन उत्साहात

प्रमाने प्रतंपरिक कागद निर्मितीचे त्य पटचून देण्यासाठी जागतिक वारसा गरू प्रयोगसास्य सुरू करून उद्घाटन

वर्षे बनी पेपर मिल आहे, जागतिक



बेले होते. तसेच "इंटेक" च्या सहकापनि

एसटीपी सुविधा बांधने, वॉमिंग घाट व रण पुनिट बसविणे आणि इतर

दिल्या. यामाठी कॉममो

#### SEE MORE

HT City

Cosmo First joins hands with the Indian Army to 'Go Green' in a mass tree plantation drive

કરજણમાં જવાહર નવોદય વિદ્યાલય પ્રવેશ પરીક્ષા માર્ગદર્શન પરિસંવાદ યોજાયો



નલોદય વિદ્યાલય પ્રવેશ પરીક્ષા માર્ગદર્શન પરિસંવાદ યોજાયો તતો. કોસ્પે કાઈન્ટ્રેગન દ્વારા કરજાના વિદ્યાર્થીઓ પાટે સ્થાનિક સરદારી શાળાઓન સહયોગથી દર વર્ષે જવાકર નવોદય વિદ્યાલય સ્થર્યાત્મક પ્રવેશ પરીક્ષાને રીજિન્ટ્રેશન કરી ભાવકોને ઓનલાઈન અને ઓક્લાઈન તાલીથ વર્ષો દ્વાર

#### કરજણ તાલુકાનાં ગ્રામીણ બાળકો અને વાલીઓ સાથે જવાહર નવોદચ વિદ્યાલચ પ્રવેશ પરીક્ષા માર્ગદર્શન પરિસંવાદ ચોજાચો





## **GET INVOLVED**

### Volunteering Opportunity for Employees of Cosmo First - May 2023

#### **ACTIVITY CALENDAR**

#### 1st May to 10th June

#### Location

#### Subject / Activity

Basic Computer Operation & Digital Art

Karjan & Aurangabad

Time - 9:00 AM To 4:00 PM

Basic Computer Familiarity, MS Office, Basic Design & Formatting on Windows 11

#### 1st May to 10th June

#### Location

#### Subject / Activity

Computer & Digital
Skill Building
Course

Karjan & Aurangabad

Time - 9:00 AM To 4:00 PM

Advanced MS Office, Operating System & IT Concepts, Cyber Security, Graphic Design, E-Commerce, Photo Video Editing, Networking etc.

#### 1st May to 10th June

#### Location

#### Subject / Activity

Learning English with Fun & Joy

Karjan & Aurangabad

Time - 9:00 AM To 11 AM

Phonics Words, Vocabulary, Formation of Words, Sentences, Simple day-to-day Conversation, Comprehension & Picture Reading, Story Telling

#### 1st May to 10th June

#### Location

#### Subject / Activity

English Fluency
Development
Course for Youth

Karjan

Time 2:30 PM To 4:30 PM

Functional Grammar, Situational Conversation, Picture Reading, Reading Practice, Story Telling etc.

#### 3rd May to 10th June

#### Location

#### Subject / Activity

Summer Camps for Young Rural Students Karjan & Aurangabad

Time - 8:00 AM To 12:00 PM

Indoor & Outdoor Games, Art & Craft, Library, Playing Role Through Stories, Paper Bag Making, Wall Painting etc.

Aurangabad

Karjan

To volunteer contact - Vaibhav Mogrekar - 84460 30003 Bhagyashree Trivedi - 9978395337



## **GET INVOLVED**

### Volunteering Opportunity for Employees of Cosmo First - May 2023

#### **ACTIVITY CALENDAR** 11th May 2023 Location Subject / Activity **Online Training Session National Technology** Karjan & Aurangabad on Design and Al Tools Day for Cosmo Teachers. Subject / Activity 17th May 2023 Location **Awareness Session on** World Karjan & Aurangabad **Telecommunication Telecommunication** for students. Day Subject / Activity 17th May 2023 Location **YOGA and Meditation Session to** promote physical and mental World Karjan & Aurangabad fitness against hypertension for **Hypertension Day** students and teachers. 22nd May 2023 Location Subject / Activity **International Day** Scavenger Hunt Activity -Find natural like leaves, seeds. for Karjan & Aurangabad Activities to engage students. **Biological Diversity** 3rd May to 10th June Subject / Activity Location Awareness session on 'No Karjan & Aurangabad No Tobacco Day Tobacco Day' for students to prevent from Cancer &

incurable ailments



## Thank You!



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